55 S. Raymond Ave. • Suite 100 • Alhambra • CA 91801 • (626) 576-0591 • Fax (626) 576-5890 • http://www.yonemoto.com

For Office Use Only
P.T.: ______________Acct.#:_______
Eval Date: __________ Time: _______

Date: ______________________________

Patient Information:

Name: ___________________________ Sex (circle): M / F Birth date: ________________ Age: ______

Address: _________________________ City: ____________________ State: _____________ Zip: _______

Home Phone: ______________________ Driver's License Number: ______________________

Cell Phone: ______________________ E-mail address: _____________________________

Social Security/Medicare Number: _________________ Marital Status: ___________________

Employer:

Name of Company: ____________________________________ Phone: __________________

Address: _________________________ City: _____________ State: ______ Zip: ______________

Your Occupation: _______________________________

Spouse/Parent Information:

Spouse/Parent Name: ____________________________ Spouse/Parent Work Phone Number: ______________

Spouse/Parent Employer: ____

Nearest Relative (not living with you) – In Case of *Emergency*:

Name: ___________________________ Relationship: ____________________ Phone Number: ___________

Address: ______________________________________ City: ______________ State: _______ Zip: _________

Referring Doctor:

Name: _________________________________ Phone Number: ________________________

Address: ______________________________________ City: ______________ State: _______ Zip: _________

Family Physician Name: __________________________ Dr's Phone Number: _____________________

Problem you are handling: ____

Diagnosis: ____________________________________ ICD9 DX Code: _______________________

Are you involved in litigation at this time? (Circle one) Yes / No

Is this injury accident related? (Circle one) Yes / No

If yes, please briefly describe the accident for insurance purposes: _______________________________________

____

I, ____,

CERTIFY THAT ALL INFORMATION PROVIDED IS TRUE AND COMPLETE.

Signed: _______________________________________ Date: ________________________________

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NON-COMPLIANCE NOTIFICATION

It is the experience of our office that employees presenting legitimate work related injuries arrive on time for all appointments and do not miss scheduled physician appointments, physical therapy and specialist consultations. Their focus is on getting well, complying with prescribed treatment and returning safely to the workplace as soon as possible. Any patient that is noncompliant with their treatment in our office will be brought to your immediate attention.

This letter is to notify you that:

Name: ______________________________

Employer: ______________________________

Date of injury: ____________________ S.S. #: __________________

Insurance carrier: ______________________________

Has missed appointments for the following:

Physical Therapy Dates: ______________________________

For nearly three decades, our office has been committed to excellence in patient care and dedicated to the rehabilitation of our Workers' Compensation patients. If you have any question or concerns regarding a patient, please do not hesitate to contact our office.

You have been informed that this letter will go to your insurance carrier on all consistent late and/or cancelled and broken appointments unless 24 hour notice is given.

____________________________ ______________________

Patient Initials Date

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Acknowledgement of Receipt of Notice of Privacy Practices

Yonemoto Physical Therapy Service reserves the right to modify the privacy practices outlined in the notice.

I have received a copy of the Notice of Privacy Practices for Yonemoto Physical Therapy Service.

____
Name of Patient (Print or Type)

____
Signature of Patient

____
Date

____
Signature of Patient Representative
(Required if the patient is a minor or an adult who is unable to sign this form)

____
Relationship of Patient Representative to Patient

PATIENT QUESTIONNAIRE

Name: ______________________________________
Referring Physician: ___________________________
Date: ____

Pain Rating

Use this chart as a reference for the question below.

0	1	2	3	4	5	6	7	8	9	10
No Pain			Moderate		Strong		Very Strong		Emergency	

Choose the number from the rating chart above that best describes the severity of your pain:

On Average: _______ At its best: _____________ At its worst: ____________

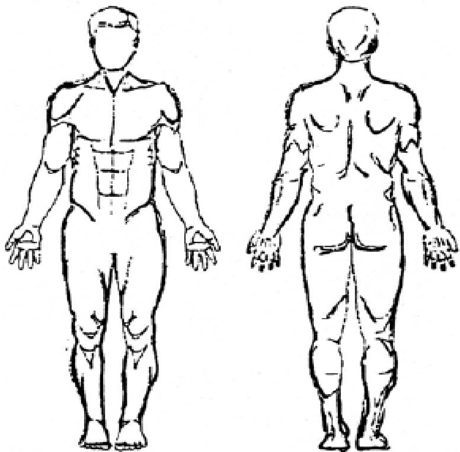
What percentage of the day do you have pain or discomfort? 0% 10% 15% 25% 50% 75% 90% 100%

Explain: ____
____

Is your pain the worst in the… Morning: _______ Evening: _______ Both: _______ Evening:_______

Describe or illustrate your symptoms on the diagram using these symbols:

/// Stabbing XXX Burning OOO Pins & Needles = = = Numbness > > > Shooting



Other descriptions of your symptoms: ________________________
____
____
____
____

Social History

Age: ____________________ Number of children: ______________

	YES	NO
Do you exercise regularly?	____	____
What type of exercise? ____		
Do you take vitamins/ minerals?	____	____
Do you drink alcohol?	____	____
How much? ____		
Do you drink coffee/tea/colas?	____	____
How much? ____		
Do you smoke cigarettes or cigars?	____	____
How much? ____		

Work History

Do you work or did you work at the time of your injury / illness?	____	____
If yes, please answer the following:		
What is / was your job title? ________________________________		
Which work tasks affect your pain? ___________________________		
____		
____		
Are you currently on disability?	____	____

Other Symptoms

	YES	NO
Do you have difficulty staying asleep due to your pain?	____	____
Do you have weakness in your arms or legs?	____	____
Do you have weakness in your neck or back?	____	____
Do you have problems with dizziness?	____	____
Do you have problems with blurred vision?	____	____
Do you have problems with swelling?	____	____
Do you have problems with joints popping or cracking?	____	____
Do you have to lie down or recline during the day due to your pain?	____	____
Does stress affect your pain?	____	____
Do you have problems with nausea or vomiting?	____	____
Do you have abdominal pain?	____	____
Do you have difficulties with bowel or bladder control?	____	____

Please describe the activities that cause you the most trouble:

____

Have you fallen within the past year?	____	____

If so, how many times? ____

Did any of the falls result in any kind of injury?	____	____

If so, please explain:

____

Medical History

Are you receiving therapy due to an injury?	____	____

If so, what was the date of the injury or accident? _____________________

Please describe what happened at the time of the injury____

If this problem is not injury-related, how long have you had your current symptoms?__________________

Have you had previous physical or occupational therapy for your present condition? (circle one) Yes / No

List any diagnostic testing you have had (X-ray, MRI, CT scan, etc.):____________________________

____

Do you have a history of the following?

	Yes	No	If Yes, give date:		Yes	No	If Yes, give date:
Diabetes	____	____	__________	Allergies to Heat/Ice	____	____	__________
High Blood Pressure	____	____	__________	Other Allergies	____	____	__________
Heart Disease	____	____	__________	Previous Surgery	____	____	__________
Heart Attack	____	____	__________	Hernia	____	____	__________
Pacemaker	____	____	__________	Seizures	____	____	__________
Headaches	____	____	__________	Dental Implants	____	____	__________
Kidney Problems	____	____	__________	Tuberculosis	____	____	__________
Nervous Disorders	____	____	__________	Hepatitis	____	____	__________
AIDS	____	____	__________	Cancer	____	____	__________
Pregnancies	____	____	__________		____	____	__________

Please explain what medications you are currently taking and for what condition(s):

Medication	**Condition**
______________________________	______________________________
______________________________	______________________________
______________________________	______________________________
______________________________	______________________________
______________________________	______________________________

Signature ______________________________ Date ____________________

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Patient Health Questionnaire

Patient Name: ______________________________ Date: ________/_____/______

E-mail Address: ____________________________ Phone Number: (___) ___-_____

A large percentage of our patients have been asking us about natural ways to address their health issues. In response to their questions and expressed need, we have done extensive research to find the most advanced health and wellness program. Please take a moment to give us your thoughts with regard to this new program.

1. Are you currently taking any type of nutritional supplement (including any supplement for weight loss on a regular basis)?
   - ☐ Yes
   - ☐ No

2. If you answered **Yes**, check the supplements you currently take:
   - ☐ Multivitamin
   - ☐ B-Complex
   - ☐ Coenzyme Q-10
   - ☐ Omega III
   - ☐ Glucosamine
   - ☐ Probiotics
   - ☐ Antioxidant
   - ☐ Vitamin C
   - ☐ Weight Loss
   - ☐ Calcium
   - ☐ Digestive Enzyme
   - ☐ Other, please list: ______________________________

3. Who recommended these products to you?
   - ☐ Family member
   - ☐ Health Professional
   - ☐ Vitamin store
   - ☐ Friend
   - ☐ Pharmacy
   - ☐ Advertisement
   - ☐ Health Provider
   - ☐ Website
   - ☐ Mail Order
   - ☐ Other, please list: ______________________________

4. Would you be interested in getting more information on an effective, medically supervised, weight management program based on increased fat loss without stimulants?
   - ☐ Yes
   - ☐ No

5. Would you like to take advantage of a free consultation with our Wellness coach to discuss a health and wellness program customized to your individual health needs?
   - ☐ Yes
   - ☐ No

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Dear New Patient,

Welcome to Yonemoto Physical Therapy!

The Yonemoto Physical Therapy team is here to help you improve movement and function, relieve pain, and expand your movement potential. Through evaluation and individualized treatment programs, physical therapists can treat existing problems and provide preventive health care for people with a variety of needs.

Treatment may include mobilizing stiff joints and tissue, exercise stretching, and education. The goals of physical therapy are to restore or achieve optimal movement/function and to relieve pain.

You should notice changes in how your body is functioning or feeling during or after therapy. It is always good to tell your therapist anything you're noticing so they can modify your treatments appropriately, if needed.

Proper attire for therapy would be comfortable clothing, such as shorts, sweats, T-shirts and tennis shoes. We kindly request that you not bring small children into the gm are for safety reasons. The gym equipment is for patient use only.

Our office hours are: M-F 7:30am - 6:30pm

If for any reason you cannot make a scheduled appointment, please call our office at (626) 576-0591. Our answering machine is on after hours and 24 hours on Saturday and Sunday. We do charge a fee of $45.00 for not showing up for an appointment without giving our office at least 24 hours notice. This charge is to cover our therapists downtime, if we are unable to schedule someone else in that slot. (PLEASE NOTE: You are responsible for this $45.00 payment before or at your next visit. It is not covered by your insurance.)

Insurance deductibles and any co-payment due will be collected at each visit. Our financial representatives will meet with you and answer any questions you may have. You have several payment options: cash, check, Mastercard or Visa.

While receiving therapy at Yonemoto Physical Therapy, we want to know that we are servicing you the best we can. For that reason we have placed a "Suggestion Box" in the reception area and gym. Please use it if there is anything we can improve in our service.

If you have any questions, please do not hesitate to ask. Again, welcome to Yonemoto Physical Therapy!

Sincerely,
Sheila Yonemoto, PT